

Make an entry in the diary every time you change your pouching system



Change	Apply		Remove		Worn for	Check			Conclusions / comments	
	Pouch applied		Pouch removed			Observations	The adhesive is:		Routine	Comments / changes in routine
	day	month	day	month	day(s)	My skin is: <input type="checkbox"/> Healthy <input type="checkbox"/> Irritated	Intact <input type="checkbox"/> Eroded / broken	Visible feces/ urine <input type="checkbox"/>	My change frequency is <input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate	
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										

If you are looking for guidance, contact Coloplast Care at 1-877-858-2656

If you have any questions, please contact the Coloplast Care Team at 1-877-858-2656. Coloplast does not practice medicine. The recommendations and information in this material are not medical advice. Contact your healthcare professional for personal medical advice or diagnosis. IF YOU THINK YOU HAVE A MEDICAL EMERGENCY, CALL 911

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