



PACKING LIST

Remember to pack all the accessories you use in everyday life. Use this list as a starting point.

- Peristeen
- Catheters – always pack extra
- Antibacterial gel or hand wash
- Absorbent pads – in case of accidents
- Peristeen anal plug – to prevent accidents
- Plastic bags – for used catheters and accessories
- Disposable gloves
- Extra underwear and extra trousers
- Paper towels or tissues
- Travel certificate
- Handheld mirror
- Wet wipes or towelettes
- _____
- _____
- _____
- _____



MORE SUPPORT

If you did not find all the information that you need in this factsheet, you can contact Coloplast® Care on **1-866-293-6349** for advice and support. Alternatively, you can visit **Coloplast.ca/care**, or discuss your questions or concerns with your healthcare professional.

