

The Bristol stool form scale

Type 1



Separate hard lumps, like nuts (hard to pass)

Type 2



Sausage-shaped but lumpy

Type 3



Like a sausage but with cracks on its surface

Type 4



Like a sausage or snake, smooth and soft

Type 5



Soft blobs with clear-cut edges (passed easily)

Type 6



Fluffy pieces with ragged edges, a mushy stool

Type 7



Watery, no solid pieces, entirely liquid