



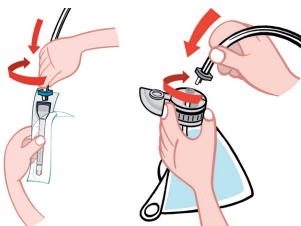
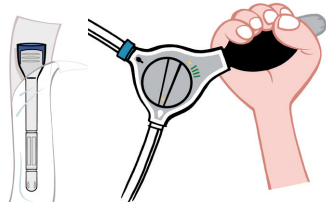



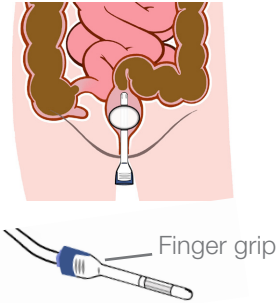




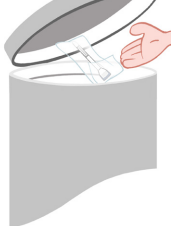





For predictable bowel management · Children  
 Step by step guide

	<p>1. Find your things to do a poo.</p>  <input data-bbox="1477 725 1545 797" type="checkbox"/>
	<p>2. Fill up water bag with lukewarm tap water.</p> <input data-bbox="1477 975 1545 1047" type="checkbox"/>
	<p>3. Peel the catheter packet slightly open.</p> <input data-bbox="1477 1225 1545 1297" type="checkbox"/>
	<p>4. Put the parts together. Grey goes with grey and blue goes with blue.</p> <input data-bbox="1477 1475 1545 1547" type="checkbox"/>
	<p>5. Turn the knob to the water symbol  and pump 2–3 times so that water fills the catheter pack. Count slowly to 10 three times. That will make the catheter soft and smooth.</p> <input data-bbox="1477 1737 1545 1808" type="checkbox"/>
	<p>6. Turn the knob to the balloon symbol  on the handset. Do not pump yet!</p> <input data-bbox="1477 1987 1545 2058" type="checkbox"/>

	<p>7. Hold the catheter by the finger grip (see picture). Put it slowly and gently into your bottom. Then pump the balloon while you hold the catheter in place.</p> <p>Amount of pumps: _____ (maximum 4 pumps – or 2 if using small catheter). With air in the balloon the catheter should stay in place on its own.</p>	<input type="checkbox"/>
	<p>8. Sitting on the toilet: Turn the knob to the water symbol  and slowly pump water into your bottom.</p> <p>Amount of water: _____ ml</p>	<input type="checkbox"/>
	<p>9. When all the water is in your bottom, turn the knob to the green symbol  to deflate the catheter and remove it.</p>	<input type="checkbox"/>
	<p>10. Put the catheter back in the pack and throw away.</p>	<input type="checkbox"/>
	<p>11. Wait patiently until the poo comes out into the toilet. If it doesn't come out, you can help by pushing a little on your tummy. Sometimes you will have another result after some time (10 minutes).</p>	<input type="checkbox"/>
	<p>12. Turn the knob to the finish symbol  and wipe your bottom.</p>	<input type="checkbox"/>
	<p>12. Empty the water bag and wash your hands. You are done.</p>	<input type="checkbox"/> 



Before use, always consult the 'Instructions for use' document delivered with the products.