Find the items you will need to use the Peristeen® Transanal Irrigation System.

Fill the water bag to the top with lukewarm tap water. Even if you do not need all of the water in the bag, the system works best when the bag is full.

Peel the catheter packet slightly open, but leave in the package for now.

Put the parts together. Gray parts connect to gray parts and blue parts connect to blue parts. Be careful that the gray and blue connectors are not turned more than one-half way clockwise when connecting, or the seal may break.

Turn the dial to the white water symbol and squeeze the black pump 2-3 times; this will fill the catheter package with water. Count slowly to 10 three times. This will make the catheter slippery and smooth.

Turn the dial to the blue balloon symbol. Do not pump yet!
Indication: The Peristeen 

Transanal Irrigation System is intended to instill water into the colon through a rectal catheter, which incorporates an inflatable balloon, inserted into the rectum to promote evacuation of the contents of the lower colon. The Peristeen Transanal Irrigation System is indicated for use by children (2 years - <12 years old), adolescent (12 years - < 18 years old), transitional adolescent (18 - < 21 years old) and adult patients with neurogenic bowel dysfunction who suffer from fecal incontinence, chronic constipation, and/or time-consuming bowel management procedures.

Contraindications: Peristeen Transanal Irrigation must not be used in the following situations: known anal or colorectal stenosis, colorectal cancer, radiotherapy to the pelvis, and recent abdomino-perineal surgery, active inflammatory bowel disease, acute diverticulitis, severe diverticulitis, previous diverticulitis and diverticular abscess, chronic symptomatic diverticular disease, within 3 months of abdominal, anal or colorectal surgery, within 4 weeks of endoscopic polypectomy, recent colonic biopsy, recent endoscopic mucosal resection (EMR) and recent endoscopic sub-mucosal dissection (ESD), severe autonomic dysreflexia, ischemic colitis, during Spinal Cord Shock Phase, complex diverticular disease, in patients who are pregnant and have not used the system before*. Since the list is not exhaustive, the healthcare professional should always consider individual patient factors as well.

*If the patient is pregnant and has never used transanal irrigation before, they should not start the irrigation procedure during pregnancy.

Warning: Transanal irrigation procedure should always be carried out with care. Bowel perforation is an extremely rare, but serious and potentially lethal complication to transanal irrigation and will require immediate admission to a hospital, often requiring surgery. See the device manual for complete user instructions, contraindications, warnings, precautions, and potential complications/adverse events. For further information, call Coloplast Corp at 1-855-605-7594 or consult the company website at www.coloplast.us. Caution: Federal law restricts this device to sale by or on the order of a physician.

Inserting the rectal catheter

Sitting on the toilet: Hold the catheter by the finger grip (see picture). Gently put the catheter into your bottom but do not pass the finger grip. If you feel any resistance, stop. Check to see if you have any poo and remove it if possible. Try inserting the catheter again. Squeeze the black pump to inflate the balloon while you hold the catheter. Only squeeze the pump the number of times your doctor or nurse told you to. The air in the balloon should hold the catheter in place so you can now let go of the catheter.

Turn the dial to the white water symbol 🌊 and slowly pump the water by squeezing the pump.

Recommended amount of water___________________ml

When you go through the recommended amount of water, turn the dial to the green symbol 🌬️ to deflate the balloon on the catheter and remove it from your bottom.

Emptying the bowels / cleanup

Put the catheter back in the package and throw away.

Wait patiently until the poo comes out into the toilet. If it doesn’t come out, you can help by pushing a little on your tummy. Sometimes you will have another poo after some time (up to 30 minutes).

When finished, wipe your bottom. Unscrew the water bag from the tubing. Rinse the outside of the tubing and lid with warm water and a small amount of soap. Rinse all the soap off.

Empty the water bag and the tubing to allow to dry (hanging the tubing may help to drain the water out) Turn the dial to the orange finish symbol. Wash your hands.

You are finished.

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